



Lancing College

Lunch Menu Week 3 – w/c 4 May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY BRUNCH
MAIN COURSE <small>COUNTERS 1 & 2</small>	Persian Lamb Saffron Rice Imam Baldi	Harissa Chicken Couscous Green Beans	Pad Kra Pao Jasmine Rice Stir Fried Morning Glory	Build Your Own Tacos Grilled Pork Pulled Chicken Sour Cream Guacamole	Catch of the Day Chips Mushy Peas	Roast Pork Loin Romesco Sauce New Potatoes with Paprika Butter Seasonal Vegetables	Full English
CHEFS SPECIAL <small>COUNTER 4</small>	Nasi Goreng	Southern Style Pulled Pork Rolls Bread & Butter Pickles	Big Mac Hotdog	Bean and Cheese Quesadillas	Chicken Burger and Summer Slaw	Seasonal Soup	Brunch Specials Mexican Style Brunch
VEGETARIAN / VEGAN <small>COUNTER 3</small>	Persian Vegetables Saffron Rice Imam Baldi	Harissa Vegetable Tart Couscous Green Beans	Tofu Pad Kra Pao Jasmine Rice Stir Fried Morning Glory	Build Your Own Tacos Pulled Jackfruit Sour Cream Guacamole	Fishless Fingers Chips Mushy Peas	Roasted Cauliflower Steaks Romesco Sauce New Potatoes with Paprika Butter Seasonal Vegetables	Full English
HOME COMFORT BAR <small>COUNTER 5</small>	Chicken Fried Rice	Pasta Bar Bolognese Anchovy and Broccoli Garlic Bread	Jacket Potato Bar Baked Beans Grated Cheese Tuna Mayo Hot Option	Turkey Mid-week Roast	Pasta Bar Lamb Ragu Tomato and Basil Garlic Bread	Jacket Potato Bar Baked Beans Grated Cheese Tuna Mayo	Selection of pastries, toast with honey, jams and spreads
CHEF'S SALAD	Avieh Salad	Fine Bean and Tapenade	Rice Noodle Salad Papaya Salad	Pineapple and Lime Salad	Bacon and Frisee Salad	Ensaladilla Rusa	-
DESSERT OF THE DAY	Apricot Sponge with Cardamom Custard	Chocolate Chip Sponge with Chocolate Custard	Banana Cake	Chocolate Pots	Sticky Toffee Pudding	Vanilla Pannacotta	Selection of Cut Fruits